|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1**  **w/c 23/01/2023** | **Monday 23 January** | **Tuesday 24 January** | **Wednesday 25 January** | **Thursday 26 January** | **Friday 27 January** |
| **Main Choice 1** | **Chicken Curry**  Tomato based chicken curry cooked in herbs and spices served with rice and poppadom’s | **Beef Cottage Pie**  Fresh minced beef topped with mashed potato served with seasonal vegetables and gravy | **Roast Chicken**  Roasted deboned  chicken thighs, served with fresh roast potatoes, homemade gravy and  seasonal vegetables | **Tuna Pasta Bake**  Cheese topped tuna pasta bake served with seasonal vegetables and garlic bread | **Jumbo Fish Fingers**  Served with chips and  garden peas |
| **Main Choice 2** | **Vegetable Curry**  Tomato based vegetable curry cooked in herbs and spices served with rice and poppadom’s | **Quorn Cottage Pie**  Quorn mince topped with mashed potato served with seasonal vegetables and gravy | **Vegetarian Sausage Roll**  Linda McCartney  Sausage wrapped in short crust pastry | **Tomato Pasta Bake**  Cheese topped tomato pasta bake served with seasonal vegetables and garlic bread | **Cheese & Onion Pasty**  Cheese and onion pasty served with chips, garden peas and ketchup |
| **Jacket Potato** | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham |
| **Salads & Vegetables** | All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables | | | | |
| **Desserts** | A selection of cut and whole fruit, jelly and yogurts are available daily.  On Tuesdays and Thursdays, a sweet treat will also be offered | | | | |